



# CFMEU WA SAFETY GUIDANCE

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## Safety Helmets Care and Inspection

Safety helmets have a use by date or a working life.

Section 3 of AN/NZ 1800:1998 code details the "Care and maintenance of occupational protective helmets". Section 3.4 covers the "Working Life".

A 3 year replacement date has been adopted as an Australian Standard.

Each Helmet, when manufactured, has a year and month of manufacture stamped onto the inside of the shell near the peek for easy reading. The arrow in the stamped points to the month and the year overlays the arrow.

For example below, the arrow points to "11" and the number is "14" means that the helmet was manufactured in November and the year is 2014.



### Care and Maintenance

- If the helmet has been used regularly it should be replaced after 3 years from the date of issue.
- The harness/headband has a life of 2 years and should be replaced at an earlier date
- Avoid painting any area of helmet as this will reduce its overall integrity

### Unsafe Practices

- Using a helmet that is out of date
- Storing helmets in direct sunlight, particularly the rear windows of vehicles
- Spraying aerosols on the helmet – such as insect sprays or cleaning with petroleum based products.
- Helmet should not be used as a seat or to carrying liquids or objects.
- Altering helmet in any way e.g. drilling holes

Alterations or poor care may significantly reduce the effectiveness of the helmet and may void the helmets certification i.e. it may not save your life and may complicate any Workers Compensation claim in the event of an incident.

Authorised Mick Buchan State Secretary CFMEU WA 80 Beaufort Street Perth

Report unsafe work practices call 92286900 or email [safety@cfmeuwa.com](mailto:safety@cfmeuwa.com)

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