

FACE COVERINGS AND WORKING IN HEAT

Given police commissioner and state emergency coordinator Christopher John Dawson's instructions it is now mandatory to always wear face coverings.

Construction work and the additional hazard of working in the heat requires the following points to be considered.

Ensure there is proper pre task planning and consultation – you have a right to be included in planning and decision making.

- **Make sure the heavier work is done in the cooler parts of the day.**
- **Drink more water.**
- **Increase the number and duration of breaks.**
- **Allocate shaded areas where individuals can cool down and recuperate.**
- **Swap out face coverings regularly. Clean, dry face coverings trap less heat than old damp ones.**
- **Clean and wash reusable face coverings regularly.**
- **Find a type and style of face covering that fits you right. Face coverings that don't fit well and need constant adjusting disrupt your breathing and interfere with heat exchange more than a good fitting face covering.**
- **If you see someone not doing the right thing call them out as their actions could affect everyone.**

All of these will help, but at some point, you may be faced with the decision to remove your face covering or stop work.

In this case stop work, contact your supervisor and HSR, reassess the situation, and agree and implement appropriate controls before recommencing the task.

Workers and our community's health and safety is more important than profits and production schedules.

REPORT UNSAFE WORK PRACTICES - CALL (08) 9228 6900 OR EMAIL SAFETY@CFMEUWA.COM

Stand up. Speak out. Come home.